

## **Discover Curries Food Demonstration Recipes**

## Veggie Green Curry: Paired with Riesling, Gewürztraminer or Viognier

### **Green Curry Paste Ingredients:**

8 poblano peppers

1 jalapeño pepper (optional)

2 stalks of lemongrass

15 cloves of garlic

1 bunch of cilantro

5 oz ginger, peeled

1 cup lime juice and zest from four limes

1 tbsp cumin, ground

4 tbsp coriander, ground

2 tbsp turmeric

½ cup sugar

salt and pepper, to taste

### **Veggie Green Curry Ingredients:**

2 tbsp cooking oil of your choice

2 cups green curry paste

4 cans coconut milk

4 cups of your favourite vegetables (broccoli, carrots, eggplant, snap peas, etc.)

#### **Directions:**

Add all Curry Paste ingredients to a blender and blitz until a paste consistency is achieved. Set aside or freeze in portions for future meals.

Simmer 2 tbsp of oil in a pot and add two cups of the Green Curry Paste. Add coconut milk and simmer for 15 minutes. Optional step: add protein of your choice and cook. Add veggies and simmer until the curry is thick and the vegetables are cooked.

Pour a glass of an aromatic white from 13<sup>th</sup> Street and enjoy!



# **Discover Curries Food Demonstration Recipes**

## Lamb Curry: Paired with Riesling, Gewürztraminer or Viognier

| Chef | <sup>f</sup> Josh' | 's Curry I | Powder | Ingredients: | Lam | b Curr | y Ingredients: |
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2 tbsp cardamom, ground Lamb shoulder

2 tbsp coriander, ground Chef Josh's curry powder

1 tbsp pepper2 tbsp salt3 cups chicken stock4 cups diced tomatoes

1 tbsp cinnamon 4 tbsp cooking oil of your choice

4 tsp cumin, ground 4 sticks cinnamon

2 tsp mustard, ground 5 bay leaves

2 tsp turmeric 1 white onion, diced

2 tsp smoked paprika 2 oz fresh ginger, minced 2 tsp ginger, ground 3 oz oz fresh garlic, minced

2 tsp cloves, ground salt and pepper, to taste

#### **Directions:**

Mix all of the curry powder ingredients together and set aside.

Cut lamb into 1-inch cubes and salt. Heat up oil in a pot and add bay leaves and cinnamon sticks to extract flavor. Add the onion, sweat for two minutes then add the ginger and garlic and sweat for one minute. Add the lamb and cook until browned. Add one cup of the curry powder and cook for two minutes then add tomatoes and chicken stock. Simmer for 1.5 hours until the meat is tender and the sauce is thick. Season with salt and pepper and add more curry powder if desired. Cayenne pepper or hot chilis can be added if you like it spicy. Freeze any extras and save for a quick meal.

Pour a glass of an aromatic white from 13<sup>th</sup> Street and enjoy!